

# delicious. MAGAZINE

Make life a little more delicious.



## SECRET ADDRESS BOOK

Catherine Gazzoli is the chief executive of Slow Food UK, which promotes local food and regional

cooking as an antidote to fast-food life.

● **ONLINE FOOD** [organicdeliverycompany.co.uk](http://organicdeliverycompany.co.uk)

I started using the Organic Delivery Company the day I moved to London. The service is great and I always make sure I give feedback on the produce so they can let suppliers know.

● **FRESH FISH** [fishinabox.co.uk](http://fishinabox.co.uk)

I lived in Sydney just before moving to London, and I was worried about how I was going to get fresh fish here. With Fish in a Box committed to Slow Food's 'good, clean and fair' criteria, I can honestly say Londoners have it just as good as Sydneysiders.

● **FARMERS' MARKET** Castle Terrace, Edinburgh

I adore Edinburgh Farmers' Market, which takes place every Saturday by Edinburgh Castle. There's a Slow Food section, too; almost a third of the UK's Slow Food devotees are based in Scotland.

● **HARD-TO-FIND FOOD** [booths.co.uk](http://booths.co.uk)

I have found lots of out-of-the-ordinary products at Booths, a family-owned supermarket based in the North. My Italian partner is always looking for obscure wines and artisan beers, and Booths never disappoints.

● **THE BEST CHEESE** Neal's Yard Dairy, 17 Shorts Gardens, London WC2H 9AT

My yummy neighbour in Covent Garden, Neal's Yard, sells a fantastic range of cheese, as well as lovely bread from chef Fergus Henderson's restaurant St John.