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FOR SHETLAND**Issued:** Friday, 07
December 2007 at 08:07**24 hours:** SHOWERS
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07 December 2007

Quick response to Slow Food initiative

SLOW Food, the world-wide movement supporting food that's good, fair and local, looks likely to put down roots in Shetland.

More than 60 people interested in forming a local group gathered at Shetland Museum and Archives on Monday evening.



Jo and Veronica Rocks from Busta House taste the Skibhoul Bakery's Oceanic Oatcakes at the slow food night at Shetland Museum on Monday night.

Photo: Jim Nicolson

As well as discussing the concept of Slow Food, they enjoyed a tasty range of dishes donated by local establishments. The delights on offer all featured local produce and included saut fishcakes, a range of smoked organic salmon, reestit mutton paté and ocean oatcakes.

The Slow Food movement was established 21 years ago in Italy and now has over 80,000 members world-wide. They are grouped into regional "Convivia", a word intended to convey the pleasure of sharing food with friends.

The organisation was formed to combat the rise of standardised,

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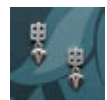
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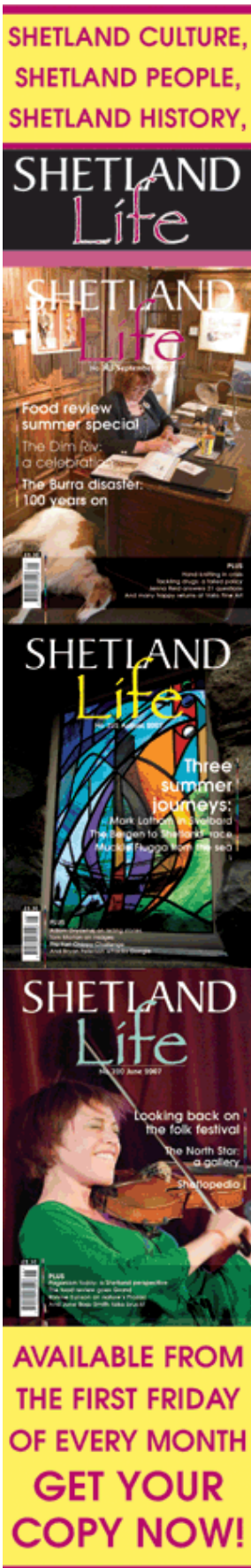


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anonymous fast food. It aims not only to preserve local food customs but also to ensure the survival of traditional food plants, seeds, domestic animals and regional farming methods.

Mike Skinner of Hay's Dock Restaurant, who was one of the event organisers, said: "It was excellent to see such a good turnout. Clearly, there are a lot of people in Shetland who not only enjoy eating good food, but are conscious of where it has come from and how it has been grown or reared.

"I think that Slow Food has terrific potential for Shetland and I know that there are many people who would like to see a Shetland Slow Food Convivium formed in Shetland to take forward similar future events."

Next week's *Landwise* will feature an in-depth article on Slow Food and its potential in Shetland.

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