

Leaders of Slow Food Movement sample Plymouth's finest fayre

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LEADERS of a movement to promote good eating have visited the city to sample some of its culinary delights.

The new CEO of the Slow Food Movement, Catherine Gazzoli, met members of the Plymouth branch, or 'convivium.'

David Ashen, chef proprietor of Cuisine Spontanee on Sutton Harbour, said local members had been pleased to meet the new leadership following a shake up of the way the organisation was run.

"We are very happy with what we heard and we're going to revive the branch," he said.

The delegation was taken to the fish market early on Tuesday morning, and the produce they bought was then cooked for breakfast at Cuisine Spontanee.

They then went on to Tavistock to sample some country cheeses and had a meal at the Horn of Plenty restaurant, where a discussion was held on what the organisation should offer.

Mr Ashen said: "We all agreed that what we need is a really good website where local conviviums can share what they are doing."

Mr Ashen said that the Plymouth branch of the Slow Food Movement was now looking for new members.

Anyone interested in joining can visit the website www.slowfood.org.uk for more details.

